

GRIP 2019 Spring OVERVIEW



PURPOSE OF GRIP To provide a discipling culture where Christ-following men can invest in other Christ-following men, encouraging and challenging each other toward Gospel-based spiritual maturity and leadership effectiveness in the home, local church and marketplace. The goal is NOT just about individual spiritual maturity; it's about multiplying our life in others who will invest in yet others (*2Tim 2:2*).

EXPECTATIONS Each season of GRIP discipleship revolves around:

- 1) **Meeting with God** - regular unhurried time alone with God in His Word 5X / week (GRIP Guide)
- 2) **Brother to Brother** – meet with GRIP brother(s) between gatherings - encourage, challenge, pray
- 3) **Personal Retreat** – set aside ~4 hrs to listen to God with a view toward action points
- 4) **Action Points** – vigilantly pursue a few growth action points for this season
- 5) **Large Gatherings** - Participate in 6 Monday night gatherings. Be ready to share, learn, minister.

TIME/DATES 6 Mondays 6:30-9:00pm. (2019) 2/4, 2/18, 3/11, 4/1, 4/22, 5/13 Note: there are only two weeks between the first two gatherings. Then, the overall rhythm is every 3 weeks between gatherings. If you know you will miss 2 gatherings for sure, we suggest doing GRIP off-line.

**For those men who will be taking the lead in a GRIP pairing OR leading a GRIP Team, we strongly encourage your attendance at our Envisioning Meeting January 14th. (We'll post details at www.focusedliving.com)*

LOCATION Columbia Crossroads Church 2723 Ashland Rd, Columbia, SC 29210 (near I-20 / I-26)

FINANCIAL COST We don't want finances to preclude any man. Our goal is to break even.
\$50 – GRIP fee (*GRIP Guide Spring 2019*, Admin, bottled water, snacks, handouts, room set-up, etc)
\$50 – Meal Plan including 5 healthy meals (Guys can also choose to bring their own or not eat)

- o Plan A **\$50** (GRIP fee only – no meals)
- o Plan B **\$100** (includes GRIP fee AND 5 healthy boxed meals)

MATERIAL

- **The Bible** will be our primary material. Reading plan will be in Matthew and other passages.
- **grip.focusedliving.com app** – The Action Points feature of this WebApp helps us think about, record and share action points to focus on this season: Our Key Relationships and Our Key Resources
- **GRIP Guide Spring 2019**- presents the flow, reading plan, journaling space, and special content.

MONTHLY GATHERING FORMAT Each of the Monday nights (6:30 - 9:00pm) we will...

- Eat together and fellowship (so please come by 6:30pm sharp ...whether you have meal plan or not)
- Share in Small groups (successes, failures, updates on action points, Bible application)
- Receive Training / Equipping / Exhorting in areas specific to men – Though we'll cover several topics, "Outreach" will be a prominent emphasis for the spring.

HOW TO ENROLL Enrollment opens **FRI, January 4th**. Enrollment closes **THUR, January 24 2019**.

1. Once you determine before the Lord that GRIP would be a useful set of tracks for a discipleship relationship with another man, then initiate with a particular man in your sphere of influence:
"Would you like to partner with me in this GRIP season of discipleship?"
2. Enroll online at **grip.focusedliving.com**. (This WebApp can be used on computer, tablet, or phone)
During this process you will:
 - a. Explain why you want to be involved in GRIP
 - b. Provide the email address of your GRIP partner, your spouse, and a church leader. Automatic emails will be sent to these three indicating your desire to participate.
 - c. Electronically pay for the GRIP season

I purpose to allow God to fully grip my heart and to grow to be the man He has called me to be. I acknowledge that...

- *my growth is by God's grace and in the Spirit's power and not by my own strength (Col 2:19b; 1Cor 3:6).*
- *God's grace is not opposed to my effort in putting myself in a position to let God grow me (1Tim 4:15).*
- *Christianity is a team sport and I commit myself to my GRIP partner's spiritual success (Rom 1:12).*

QUESTIONS Contact David Andes at david@focusedliving.com OR 803 665-6751