

# Fueled

## Spiritual Fueling Plan



For men who  
run on empty!

In conjunction with the book

***Gospel***

by JD Greear

 **focusedliving**

## **A Note to the Reader**

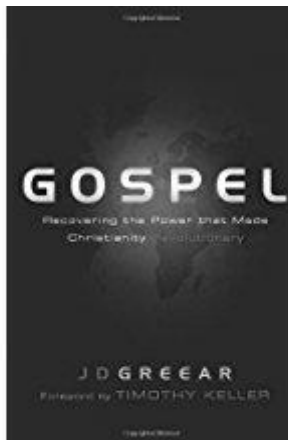
This “Fueled” tool was originally designed as a summer agenda for the men of Columbia, SC who are involved in Focused Living Men’s Forums. This booklet is formatted to help men process a Christian book while reading corresponding scripture so they may grow deeper in their love for Christ. Though the rhythm and format of this tool are geared toward the Men of FLM, **this booklet can be used for any individual or small group study...any time of year!**

If you are like most men, your summer is already filled with vacation plans, house projects, work deadlines and hopefully a few tee times, nap times and good times! Any dude can **FILL** his summer. We want to help you **FUEL** your summer!

You were designed to be both **FILLED** and **FUELED** with God’s grace and truth in His Spirit (John 1:14). The temptation during the summer months is to take a vacation from God. That is why so many of God’s men run on empty and end up falling out of fellowship with the Lord. Don’t do it! **FILL** your mind with His truth and **FUEL** your heart with the high octane fellowship of God and some of His men.

To help guide our focus in the Scriptures this summer, we will be reading through the following book:

***Gospel: Recovering the Power that Made Christianity Revolutionary***, by JD Greear. B&H Publishing Group, Nashville, TN. 2011. **ISBN: 9781433673122** Paperback



# Plan of Action

So that you don't run on empty this summer, we encourage you to fuel your life in the Lord by doing the following:

- ◆ **Purchase *Gospel*** (2011) by J.D. Greear. We encourage you to ask one man from your Men's Forum to be responsible for purchasing books based on the number of guys who confirm their summer involvement. The guys can then reimburse this point man. Late comers can purchase their own copies.
- ◆ **Personally dedicate 4 days of unhurried blocks of time** each week in the summer; basically every other day for 20-30 minutes. Some men choose to read the chapter in two sittings, which still works in this weekly rhythm.
- ◆ **How to interact with a chapter from *Gospel*.**  
J.D. Greear includes scripture in each chapter of his book. **We recommend reading the chapter while having your Bible open** so you can find the Scriptures mentioned in your own Bible. As always, record a few of your thoughts, insights and applications on these journal pages. This gives the Holy Spirit room to transform you by driving the truth of His Word from your head to your heart. Finish your time by writing a prayer from the heart in response to your time with the Father.
- ◆ **Meet with men** each week to hear their insights and share your own in order to build up one another in Christ.



# Meeting with God

We are hoping that you come to view your time alone with God, not as “Reading the Bible” but as “Meeting with God.” Recognize that God longs to meet with you and to impress His truth on your heart.

There are a variety of ways to process your time alone with God. The next page provides a simple outline. Use this outline or find another way that resonates with you in this season of your life. Whichever way you choose to process scripture, we encourage you to...

- ALWAYS WRITE SOMETHING DOWN
- ALWAYS BEGIN AND END WITH PRAYER

As you commit yourself to this season, we invite you to pray through the Gospel Prayer below before each reading. In an unhurried manner, reflect on these truths.

## The Gospel Prayer

**“In Christ, there is nothing I can do that would make You love me more, and nothing I have done that makes You love me less.”**

**“Your presence and approval are all I need for everlasting joy.”**

**“As You have been to me, so I will be to others.”**

**“As I pray, I’ll measure Your compassion by the cross and Your power by the resurrection.”**

# A Way to Organize Your Time with God

## **WHO** are you addressing?

Always start your time with a quiet, reverent prayer of praise. Recognize that you are coming into the very presence of your Creator, eternal God and gracious Lord! As you approach the Father remember that it cost Him His own Son to forgive your sin so that you could come into His presence forgiven and with great joy. Again, incorporate the “Gospel Prayer” in these initial moments of prayer before reading.



## **WHAT** is God saying?

Read the passage as though you were there. Slowly read it at least twice to get the big picture context and to understand what is taking place. Smell the surroundings; hear the crowds; see the sights; feel the emotions; sense the relationships. Note the Who, What, Where, Why and How. Record any promises, principles, insights, commands or challenges.

## **SO WHAT** is God saying to you?

Stop to reflect and listen. In particular, what most grabbed your attention, stirred your mind or gripped your heart? *“God, what do You want me to learn from this today? Why this word, why here, why now?”*

## **NOW WHAT** is God asking you to do?

What will you do with the truth God has revealed to you? How will you obey it, process it, apply it and live it out? What is the one thing He is asking you to practically think, say or do in order to become more like Christ? With whom will you share today what you discovered while in His presence? We encourage you to write out a short, heartfelt prayer to the Lord asking Him to help you to be faithful in living out the truth He gave to you.

# Forum Flow

The weekly reading includes two chapters from the *Gospel* book as well as two days worth of corresponding scriptures. That's a lot of material to process in one 59 minute forum! To make facilitating a discussion on this material less overwhelming and more fun, we encourage a **two man facilitating team** each week. One man will lead out in discussing one or more of the Bible passages from the week's reading. Then the other man will take the lead in discussing J.D. Greear's points from the *Gospel* book.

Remember, the point is not to rehearse every detail of the material. The point is to create an environment where guys can express what God impressed on them as they worked through the material.

Here's a suggested flow for a **59 minute** gathering.

- ◆ **Meet, greet and open in Prayer** for any praises, special needs or for people (4 min)
- ◆ **Remind men 'on deck'** who's facilitating next week (1 min)
- ◆ **Introduce the theme** of the chapters (3 min). Notice that the themes of each week are highlighted on the Road Map on the following page.
- ◆ **1st facilitator shares passage(s) meaning most to him.** (8 min)
  - *"As I reflected on [Scriptures (chapter & verse)] the truth God used to grab my heart was...."*
  - *"Here's one way I purpose to apply these scriptures...."*
- ◆ **2nd Facilitator shares insights from Gospel** book that meant most to him. (8 min)
  - *"As I read this week's chapters God taught me..."*
  - *"These principles challenged me to...."*
- ◆ **Invite others to share** the Bible truths and insights from J.D. Greear that fueled their hearts. (25 min)
- ◆ **TAG Teams** This is vital. Be sure to leave room for TAG Teams. What's your main take away and how do you plan to apply it to your life? Close in Prayer. (10 min)



# Road Map

## How the Gospel Does What Religion Cannot

Week 1 Meeting Date: \_\_\_\_\_

- 1 John 4:7-21**
- Gospel*: Ch 1 “The Missing Gospel” (p 9-24)
- Romans 5:1-11**
- Gospel*: Ch 2 “Why Religious Change Doesn’t Work” (p 25-41)

### The Gospel Prayer

**“In Christ, there is nothing I can do that would  
make You love me more, and nothing I have done that  
makes You love me less.”**

Week 2 Meeting Date: \_\_\_\_\_

- Isaiah 64:6, 2 Corinthians 5:17-21, Psalm 103:8-13**
- Gospel*: Ch 3 “The Gospel as Gift-Righteousness” (p44-58)
- Titus 2:11-15; Luke 19:1-10**
- Gospel*: Ch 4 “Changed without a Command” (p 59-67)

### The Gospel Prayer

**“Your presence and approval are all I need  
for everlasting joy.”**

Week 3 Meeting Date: \_\_\_\_\_

- James 4:1-10**
- Gospel*: Ch 5 “God is Better” (p 69-85)
- Exodus 19, 20:18-21**
- Gospel*: Ch 6 “Changed by Sight” (p 87-107)

### The Gospel Prayer

**“As You have been to me, so I will be to others.”**

**Week 4 Meeting Date:** \_\_\_\_\_

- Matthew 18:21-35**
- Matthew 5:38-48; 1Timothy 1:15; Ephesians 4:32; 1Peter 4:8; Colossians 3:13; Romans 15:7**
- Gospel: Ch 7 “Gospel-Centered Relationships” (p 109-121)
- Gospel Prayer Meditation Day**

**Week 5 Meeting Date:** \_\_\_\_\_

- 2 Corinthians 8:8-9, Chapter 9:6-15**
- Gospel: Ch 8 “Extravagant Generosity” (p 123-143)
- Romans 10:1-17, Acts 16:16-34**
- Gospel: Ch 9 “Urgent Mission” (p 145-160)

### **The Gospel Prayer**

**“As I pray, I’ll measure Your compassion by the cross  
and Your power by the resurrection.”**

**Week 6 Meeting Date:** \_\_\_\_\_

- John 15:1-17**
- Gospel: Ch 10 “Expect Great Things” (p161-175)
- Luke 11:1-13; Daniel 3:13-18**
- Gospel: Ch 11 “But if Not…” (p 177-188 )

### **Toward a Gospel-Centered Understanding of Life**

**Week 7 Meeting Date:** \_\_\_\_\_

- 1Tim 4:6-15; Gal 6:7-8; 2Peter 1:1-11**
- Gospel: Ch 12 “Why Are There Commands in Scripture?” (p191)
- 2Samuel 7; 2Chronicles6:8**
- Gospel: Ch 13 “What Is the Right Way to Work for God? ” (p205)

**Week 8 Meeting Date:** \_\_\_\_\_

- Acts 2:36-47; Romans 1:8; Philippians 1:3-5; Colossians 1:3-6; 1Thes 1:1-10**
- Gospel: Ch 14 “What Does a Gospel-Centered Church Look Like?” (p 221-240)
- Matthew 13:44-46; Hebrews 12:1-3; 1Cor 13:1-13**
- Gospel: “Conclusion” (p 241-248)



**Week 1 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**1 John 4:7-21**

*Have I deeply experienced the personal, intimate, love that God has shown me through Jesus, versus simply knowing about His love for me?  
Does my motivation to love God and others come from a place of duty, or from a place of delight?*



**Week 1 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 1 “The Missing Gospel”** (p 9-24)

*Do I view the gospel as simply a starting point to my faith, or as the transforming power of God on which to meditate and saturate my heart? Is my love for God something I struggle to muster up each day?*

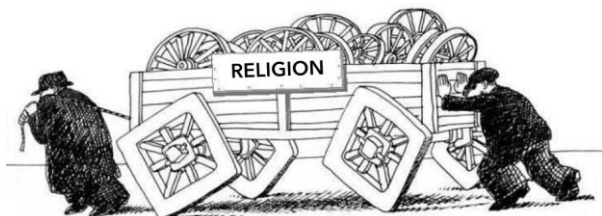


## **Week 1 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

### **Romans 5:1-11**

*Read and re-read this passage. Meditate on the amazing truth of Christ's work to reconcile you to God, and the love of God that has been poured into your heart. Allow this gospel truth to sink deep into your heart, because that is when you will experience the transforming power of God's presence in your life.*

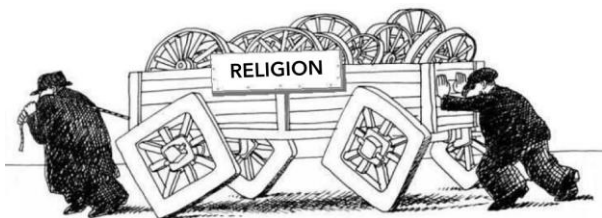


**Week 1 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

Gospel: Ch 2 “Why Religious Change Doesn’t Work”  
(p 25-41)

*Can I identify the “Functional Gods” in my life? (Things that are so important to me that I’m willing to say “no” to God to get it.) Can I identify the “Functional Saviors” in my life? (Things that I use to establish my worth.) Am I aware of pride and/or fear fueling my actions?*



**Week 2 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

Isaiah 64:6, 2 Corinthians 5:17-21, Psalm 103:8-13

*As a man who is “in Christ,” how does God view me? Does God’s view of me match up with how I view myself?*



**Week 2 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

Gospel: Ch 3 “The Gospel as Gift-Righteousness” (p44-58)

*What is the identity that God has declared over me because of my faith in Jesus? What lies of the enemy do I need to vanquish from my mind in order to start living out of the truth of who God declares me to be?*



**Week 2 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Titus 2:11-15; Luke 19:1-10**

*Has God's grace gripped me so deeply that it moves me to renounce ungodliness? What role do I play in purifying myself?*



**Week 2 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 4 “Changed without a Command”** (p 59-67)

*Have I been changed by my experience with Jesus, or do I find myself trying to change in order to be close to God? In my pursuit of Jesus, has my focus been more on behaving or believing?*





**Week 3 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**James 4:1-10**

*What passions within me are pulling me away from God? What things of this world do I have too close of a friendship with?*



**Week 3 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 5 “God is Better” (p 69-85)**

What idols can I identify in my life by following the trail of smoke left behind by things like worry, fear, sadness, and deep depression?

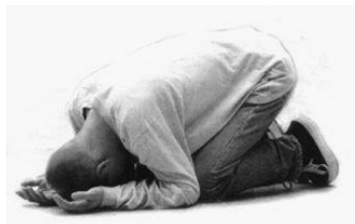


**Week 3 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Exodus 19, 20:18-21**

*How is God's holiness and glory revealed at Mt. Sinai? How do the people respond to God's holiness in chapter 20? Do I view the holiness and glory of God with the same weight as the Israelites?*



**Week 3 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 6 “Changed by Sight” (p 87-107 )**

*Has my affection for God overtaken my affection for idols? Do I regularly take the time to consider the glory of God and pray for a glimpse of His true majesty?*



**Week 4 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Matthew 18:21-35**

*How often has God freely granted me forgiveness for my sins? How quick am I to offer forgiveness to those who have sinned against me?*



**Week 4 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Matthew 5:38-48; 1Timothy 1:15; Ephesians 4:32;  
1Peter 4:8; Colossians 3:13; Romans 15:7**

*Is my "grace bucket" full and ready to be poured onto offenses that come my way?*



**Week 4 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 7 “Gospel-Centered Relationships”**

(p 109-121)

*Has my personal experience with Jesus begun to change me into a more generous, gracious, and forgiving person? Do I see myself first, as a sinner, and only secondarily as one sinned against?*



## **Week 4 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

### **Gospel Prayer Meditation Day**

Today marks the half way point in this study. Our hope is that you are including the content of the Gospel Prayer in your daily prayer time. Today, instead of processing new content, we want you to spend some extended time praying in this prayer. As you pray, think about and talk to God about the different truths. Adore Him. Thank Him. Worship Him. Ask Him for the things on your heart.

#### **The Gospel Prayer**

**“In Christ, there is nothing I can do that would make You love me more, and nothing I have done that makes You love me less.”**

**“Your presence and approval are all I need for everlasting joy.”**

**“As You have been to me, so I will be to others.”**

**“As I pray, I’ll measure Your compassion by the cross and Your power by the resurrection.”**





**Week 5 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**2 Corinthians 8:8-9, Chapter 9:6-15**

*Christ gave His all for me. Do I leverage the blessings he has given me (physical, financial, etc.) to build my own kingdom, or to build Christ's Kingdom?*



**Week 5 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 8 “Extravagant Generosity” (p 123-143)**

*Do I find myself needing more of the “stuff” of this world to keep me happy? Have I ever experienced the joy of generosity, or do I give begrudgingly?*



**Week 5 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Romans 10:1-17, Acts 16:16-34**

*People need to hear about Jesus in order to believe in Him. Who has God placed in my life that needs to hear the good news of Jesus? Do I speak this great message of grace and forgiveness unashamedly?*



**Week 5 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 9 “Urgent Mission”** (p 145-160)

*Where would I be without Jesus? How am I using my resources, time, and talents to bring the message of salvation to others? Who did God send to me so I could hear the Gospel?*



**Week 6 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**John 15:1-17; Daniel 3:13-18**

*How does God's love and compassion for others impact what I ask for in prayer?*



**Week 6 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 10 “Expect Great Things” (p161-175)**

*Am I confident enough in God to take a dare on Him? This week, how will I exercise “intercessory faith” on behalf of someone else?*



**Week 6 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Luke 11:1-13**

*Does my prayer life show that I trust the fatherly tenderness of God and His willingness to answer prayer? Do I glorify God with the magnitude of my requests?*



**Week 6 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 11 “But if Not...” (p 177-188 )**

*If God answers my prayer “No”, does that mean God’s character has changed? How should I respond when God doesn’t act like I think He should?*





**Week 7 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**1Tim 4:6-15; Gal 6:7-8; 2Peter 1:1-11**

*What attitude do I have when I approach spiritual disciplines? How does/can practicing spiritual disciplines provide the opportunity to move deeper into the Gospel?*



**Week 7 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel:** Ch 12 “Why Are There Commands in Scripture?”  
(p191-203)

*Why is it important to understand the Gospel before implementing spiritual disciplines? What appetites am I feeding in my life? Are they leading more toward God or away from God?*



**Week 7 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**2Samuel 7; 2Chronicles6:8**

*What has God put in my heart to do for Him?*



**Week 7 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 13** “What Is the Right Way to Work for God?”  
(p205-219)

*Will I offer myself to God and willingly do what He leads me to do? Is there a need I can meet right now? Is there an interest growing in me that I need to act on?*



**Week 8 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Acts 2:36-47; Romans 1:8; Philippians 1:3-5; Colossians 1:3-6; 1Thes 1:1-10**

*Who, besides, myself, is currently benefitting from my relationship with Jesus? How?*



**Week 8 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: Ch 14 “What Does a Gospel-Centered Church Look Like?”** (p 221-240)

*If my current life were the standard at my church for the love, peace, joy and generosity that flows from the gospel, would my church be more healthy or less healthy if the people followed my lead?*



**Week 8 Date: \_\_\_\_\_**

Start by praying the Gospel Prayer printed on last page of booklet.

**Matthew 13:44-46; Hebrews 12:1-3; 1Cor 13:1-13**

*Where have I allowed secondary things to crowd out THE main thing: The Gospel? How would my life change if Jesus and His gospel were my supreme treasure?*



**Week 8 Date:** \_\_\_\_\_

Start by praying the Gospel Prayer printed on last page of booklet.

**Gospel: “Conclusion”** (p 241-248)

*Growth in Christ is not going beyond the gospel, but deeper into it. In light of this truth, what will “going deeper into the Gospel” look like for me in the next few months?*





## **The Gospel Prayer**

**“In Christ, there is nothing I can do that would make You love me more, and nothing I have done that makes You love me less.”**

**“Your presence and approval are all I need for everlasting joy.”**

**“As You have been to me, so I will be to others.”**

**“As I pray, I’ll measure Your compassion by the cross and Your power by the resurrection.”**

# FUEL



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