

“Be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil.” Eph 5:15-16



168 PENNIES “What has God called me to be and do in this season of life?”

As servant-leaders of our families and church families, we must learn to **invest** rather than spend the 168 hours the Lord lends to us each week in a way that most glorifies Him. We must seek the power and wisdom of the Holy Spirit to balance the pressing demands of life. As Grip partners help each assign a value to each of the 168 hours of the week by allotting a pile of pennies for each item below. Learn as you struggle. No adding pocket change.

- Children (individual time)
- Church service
- Eat
- Finances
- Friends
- Focused Living Men’s Forum
- Home maintenance (lawn, cars, house)
- Hygiene (you got to shower!)
- GRIP Action Points and Resources
- Interruptions
- Miscellaneous! i.e. maintenance, lawn, cars, house, pets
- Outreach with unbelievers
- Play/recreation/exercise/workout
- Sabbath planning
- Serving others (dishes, cleaning, meals, watching kids)
- Sleep
- Small group
- Social Media and Surfin’ the web
- Time alone with God. Scripture, memory, prayer, fasting
- Travel time (work, play, errands)
- down time, ‘me’ time, hobby (TV-Football)
- Wife or girlfriend (quality time)
- Work
- Worship



GRIP GROUP DISCUSSION

- Did you stop first to ask God for wisdom? (James 1:2-8; Josh 10:14)
- What did you feel as you assigned each hour a value? Hard? Easy?
- Why would this be valuable to do every Sabbath? (Mt 6:33-34)
- Did your ‘penny piles’ reflect God’s call on your life in this season?
- How did this exercise force you to value things as God values them?
- What would your wife/kids feel about their allotted time?