

GRIP 2018 SPRING OVERVIEW



PURPOSE OF GRIP To provide a discipling environment where Christ-following men can invest in other Christ-following men, encouraging and challenging each other toward spiritual maturity and leadership effectiveness in the home, local church and marketplace. The goal is NOT just about individual spiritual maturity; it's about multiplying our life in others who will invest in yet others (2Tim 2:2).

EXPECTATIONS Each season of GRIP discipleship revolves around:

- 1) **Action Points** - identify and diligently pursue growth action points (HAND = grid to think through)
- 2) **Meeting with God** - regular unhurried time alone with God in His Word 5X / week (GRIP Guide)
- 3) **Brother to Brother** – meet with GRIP brother(s) between gatherings - encourage, challenge, pray
- 4) **Large Gatherings** - Participate in 6 Monday night gatherings. Be ready to share, learn, minister.

TIME/DATES Mondays 6:30-9:00pm. (2018) 1/29, 2/12, 3/5, 3/26, 4/16, 5/7. Note: there are only two weeks between the first two gatherings. Then, the overall rhythm is every 3 weeks between gatherings. If you know you will miss 2 gatherings for sure, we suggest doing GRIP off-line.

LOCATION Crossroads Church, 2723 Ashland Road, Columbia, SC 29210. (near I-20 / I-26)

FINANCIAL COST We don't want finances to preclude any man. Our goal is to break even.
\$40 – GRIP fee (*GRIP Guide Spring 2018*, Admin, bottled water, snacks, handouts, etc)
\$50 – Meal Plan including 5 healthy meals (Guys can also choose to bring their own or not eat)

- o Plan A **\$40** (GRIP fee only – no meals)
- o Plan B **\$90** (includes GRIP fee AND 5 healthy boxed meals)

Payment is required during online enrollment at grip.focusedliving.com

MATERIAL

- **The Bible** will be our primary material. Reading plan will primarily focus on Mark and Romans.
- **grip.focusedliving.com app** – The HAND grid helps us think about, record and share the action points we sense God wants us to focus on this season: Key Relationships and Key Resources
- ***GRIP Guide Spring 2018*** - presents the flow, reading plan, special content of this GRIP season.

MONTHLY GATHERING FORMAT Each of the Monday nights (6:30 - 9:00pm) we will...

- Eat together and fellowship (so please come on time..whether you have meal plan or not)
- Small group time to share successes & failures and updates on action items and Bible application
- Training / Equipping / Exhorting in areas specific to men

HOW TO ENROLL The deadline to enroll is Thursday, **January 25, 2018**.

1. Once you determine before the Lord that GRIP would be a useful set of tracks for a discipleship relationship with another man, then initiate with a particular man in your sphere of influence. *“Would you like to do this GRIP season of discipleship with me?”*
2. Enroll online at **grip.focusedliving.com**. (This webapp can be used on computer, tablet, or phone) During this process you will:
 - a. Explain why you want to be involved in GRIP
 - b. Electronically pay for the GRIP season
 - c. Provide the email address of your GRIP partner, your spouse, and a church leader. Automatic emails will be sent to these three indicating your desire to participate.

GRIP COVENANT *I purpose to allow God to fully grip my heart and to grow to be the man He has called me to be. I acknowledge that...*

- *my growth is by God's grace and in the power of His Spirit and not by my own strength.*
- *God's grace is not opposed to my effort in putting myself in a position to let God work in my life.*
- *Christianity is a team sport and I commit myself to my GRIP partner's spiritual success.*

QUESTIONS Contact David Andes at david@focusedliving.com OR 803 665-6751